

# **Welcome to the End of Life Care Training Programme**



Over 500,000 people die each year in England of whom two thirds will be over 75. Death occurs in a wide variety of settings from hospitals, care homes and hospices to the home. Many people will be transferred many times between these different settings in their final years, months, days and hours. So being responsive to their individual needs and preferences is an enormous challenge.

The North East Region was identified as the region least comfortable talking about death. It is therefore vital that local health and social care staff have access to appropriate training to ensure their personal and professional development.

We only get one chance to ensure people receive high quality care at the end of their life, which incorporates dying with dignity in the place of their choice.

The Strategic Health Authority and the Tyne and Wear Care Alliance are working in partnership to develop and pilot training to ensure that frontline Health and Social Care Staff have the necessary knowledge, skills and attitudes relating to working in end of life care situations to promote quality care and support.

The programme ensures that the 5 Specific Behaviours in the Core Competencies of the National Strategy for End of Life are covered:-

**Communication**  
**Assessment and Care Planning**  
**Symptom management, maintaining comfort and wellbeing**  
**Advanced Care Planning**  
**Overarching values and knowledge**

The training is delivered by Specialist Palliative Care Nurses, 1 day a week over a 3 weeks period. This programme is relevant to all staff caring for people at the end of life and in particular people working in care homes, housing organisations, other community settings and

**hospitals as well as people in hospices who deliver support and education to staff in other services.**

**Places on the programme are free, and the demand is great, so don't delay book you place today.**

**Full details of the dates of training can be found on the event calendar or alternatively contact the Alliance on 0191 5484015 or [info.twca@sunderland.gov.uk](mailto:info.twca@sunderland.gov.uk)**