



# Tyne & Wear Care Alliance

Supporting workforce development  
throughout the independent care sector

## Tyne and Wear Care Alliance Course Information for 2008

### Key

Yellow	Courses suitable for all Care Staff
Green	Training courses suitable for Senior Staff/Managers
Blue	Courses specifically for Learning Disability Establishments

If you or your staff, require any help to participate in training, please ring The Tyne and Wear Care Alliance on 0191 5656052 to discuss your requirements.

**Responsible Person Lead Officer Training**

- This course is for people who would have the responsibility of co-ordinating the response to an alert of abuse
- To examine the issues, causal factors, signs and symptoms of adult abuse
- To work together, maximising and utilising the skill of the professions, in a inter-agency investigation

**Delivered by Dr Celia Harbottle**  
**Cost per place £15**  
**Date: 02/05/08**

**Safeguarding Adults Alerter Training**

This course covers issues related to vulnerable adults and relevant legislation. Including.

- What is a Vulnerable Adult?
- Duty of care
- Types of abuse
- Responsibility to alert
- Sunderland's safeguarding procedures
- Case studies

**Delivered by Celia Harbottle**  
**Cost per place £15**  
**Dates: 08/05/08, 08/07/08**

**Service User Relationships**

This course is targeted at Learning Disability workers who deal with service user relationships.

The course will help staff to support individuals to be safe, legal and to make positive choices about their lives and their relationships.

- How to approach sensitive issues such as sex, sexuality and sexual rights in a confidential and supportive way
- Explore appropriate and inappropriate sexual behaviour
- Identify and address related issues, such as Safeguarding, choice, autonomy and Person Centred Planning
- How to deal with physical and emotional issues
- Josephine - interactive health education learning resource
- Use Josephine as a tool to role-play specific situations that staff may encounter in relation to sexualised behaviour and to workshop/explore appropriate responses

**Delivered by Themwifies**  
**Cost per place £15**  
**Dates: 09/05/08, 26/06/08**

Service users welcome free of charge

### **Moving and Assisting Practical and Theory**

This course forms part of the Common Induction Standards.  
The course is designed for all care workers who regularly work with service users.

- Legislation
- Professional Guidance
- Codes of Practice
- Principles of Moving and Assisting
- Tools and methods to assist a person
- Practical session

**Delivered by Gordon Rose**

**Cost per place £15**

**Dates: 12/05/08, 30/05/08, 02/06/08,  
27/06/08, 08/09/08, 26/09/08, 13/10/08,  
31/10/08, 10/11/08**

### **Management Training Employment Law**

This course is targeted at Care/Nursing Home Managers and Responsible Managers of Homecare/Daycare services.

- Current legislation
- Overview of discrimination
- Disciplinary procedures
- Grievance Procedures
- Case Studies
- Question and Answer Workshop

**Delivered by Peter Millican**

**Cost per place £20**

**Date: 15/05/08**

### **Epilepsy Awareness**

Participants will gain an overview of epilepsy and how epilepsy can be managed.

- Definition of Epilepsy
- Background and statistics
- Do's and Don'ts
- Health and Safety
- Medication
- Consequences of Epilepsy
- Overcoming barriers
- Support available
- Working with someone who has epilepsy
- Case Studies

This course will be delivered by a Psychologist specialising in Neurological support and Rehabilitation

**Delivered by Neuropartners**

**Cost per place £15**

**Dates: 16/05/08, 16/09/08**

### **Dementia Awareness**

This course is designed for care staff wishing to develop their knowledge of dementia.

To identify how to respond to some behaviours.

To understand a Person Centred Approach.

- Understanding Dementia
- Stages of Dementia
- Understanding and responding to behaviour you might find challenging
- Person-Centred care in dementia and its application to everyday care activities.
- Case studies and activities

**Delivered by Jean Ross**

**Cost per place £15**

**Dates: 19/05/08, 19/06/08, 21/10/08**

### **Fire Risk Assessment for Seniors and Managers**

This course is suitable for managers or other named persons who are responsible for conducting or reviewing Fire Risk Assessments

- Five steps of risk assessment.
- Legislation past and present.
- Building regulations
- Case Study.
- Theory of combustion.
- Methods of fire spread.
- Emergency procedures in care homes.
- Course will include practical exercises to reinforce theoretical input.

**Delivered by Macdonald Martin**

**Fire and Safety Consultants**

**Cost per place £20**

**Date: 20/05/08, 20/09/08**

## First Aid Appointed Person

This course is ideal for 'nominated' persons or for people who provide support to qualified first aiders.

- You will learn basic life saving first aid and workplace health and safety regulations
- Health and Safety (First aid) regulations
- Managing an incident
- Treatment of an unconscious casualty
- Shock
- Bleeding
- Epilepsy
- Fractures
- Common workplace injuries
- Resuscitation

**Delivered by Laccat, MCQ**

**Cost per place £15**

**Date: 21/05/08, 01/07/08, 23/09/08, 04/11/08**

## Mental Capacity Act level 2

This course is for all staff, it covers the 5 core principals of the Mental Capacity Act.

- Explore issues around assessing capacity
- Know about "best interest".
- Discuss restraint and deprivation of liberty
- Be aware of lasting power of attorney and court of protection
- Be aware of relationships between Mental Capacity and Adult Protection

**Delivered by Dr Celia Harbottle**

**Cost per place £15**

**Date: 20/06/08**

## Yesterday, Today & Tomorrow

This is the Alzheimer's Society's video-based training programme for anyone working with people with dementia

The course will cover how to plan, deliver and evaluate the training package effectively, to improve your workforce's knowledge of how to work effectively with people with dementia

**Delivered by Alzheimer's Society**

**Cost per place £20**

**Date: 16/07/08**

## First Aid at Work – 4 Day course

This course is for nominated first aiders  
Course covers the practical skills needed by a first aider in the modern workplace  
To give you the knowledge and confidence to deal with a first aid emergency in your care home

- Accidents and illnesses
- Using a first aid kit
- Record keeping
- Heart attacks and resuscitation
- Shock, choking, bleeding
- Burns and scalds
- Poisoning
- Fractures
- Seizures
- Allergic reactions

Course is compliant with the current Health and Safety Regulations 1981.

Course includes an exam, successful candidates receive a certificate valid for 3 years.

**Delivered by Sunderland College**

**Cost per place £60 for 4 days**

**Dates: 09/06/08, 10/06/08, 16/06/08, 17/06/08**

## CIEH Level 2 Award in Food Safety

This accredited course covers

- Legislation
- Food Safety Hazards
- Temperature Control
- Refrigeration, chilling and cold holding
- Principles of safe food storage
- Prevention of contamination and food poisoning
- Personal Hygiene – understanding the need for high standards of personal hygiene for food handlers
- Food Handling
- Bacteriology

It is a full day course and with a multi-choice examination at the end, which is marked by an awarding body

**Delivered by Ingram Care**

**Cost per place £20**

**Date: 24/06/08, 03/09/08**

## Stroke Awareness

Participants will gain an overview of Stroke Awareness.

To learn about post stroke barriers and how to apply strategies to overcome these

- Definition of Stroke
- Statistics and background
- Adjustment
- Life after a stroke
- Building on strengths
- Strategies to assist with rehabilitation
- Support available

This course will be delivered by a Psychologist, specialising in Neurological support and Rehabilitation.

**Delivered by**

**Cost per place £15**

**Date: 07/07/08, 06/11/08**

## Challenging Behaviour Older persons

This course is designed for care staff wishing to develop their knowledge of different types of behaviour management and techniques that can be used within Older Persons settings.

- To gain an understanding of the definition of successful behaviour management intervention. To define challenging behaviour
- Establish key principles of behaviour management
- Applying behaviour management as a team
- Demonstrate breakaway and exit strategies
- Understand the impact of staff behaviour on the formation and persistence of challenging behaviour
- Understand the range of proactive long term approaches on the reduction of challenging behaviour
- Discuss case studies

Putting theory into practise

**Delivered by Celia Harbottle**

**Cost per place £15**

**Date: 09/10/08, 20/11/08**

## CIEH Level 2 Award in Health & Safety in the Workplace

This new qualification is designed to ensure that all employees are aware of their own safety and the safety of their service users, contractors and the public. This course includes a 30 question multi-choice examination paper and successful candidates will be awarded the CIEH certificate

- Legislation
- Health
- Safety and welfare
- The workplace and the workplace equipment
- Risk Assessment
- Principles of accident prevention
- Understanding the risks associated with manual handling
- Nature and risks of hazardous substances

**Delivered by**

**Gordon Rose**

**Date: 11<sup>th</sup> June 2008**

## Deprivation of Liberty

This one day programme has been specifically designed for senior staff in residential settings who care for incapacitated people. The programme aims to help staff to understand the implications of the Mental Capacity Act 2005 and the Deprivation of Liberty proposals which have been introduced via the Mental Health Act 2007 and become a statutory obligation from April 2009.

This will be achieved by:

- Revisiting the Mental Capacity Act 2005, especially its 5 main principles and their implications for practice
- The Deprivation of Liberty Proposals; their focus and process of implementation
- Least restrictive options in care settings: Consideration of the Code of Practice and ways by which services can start ensuring that the care that they give individuals in their setting is the least restrictive in terms of the person's liberty and freedom
- Person Centred Care planning as a means of ensuring a least restrictive option.
- Scenarios from practice to help delegates to think through the issues for their care service

**Delivered by Dr Celia Harbottle**  
**Cost per place £15**  
**Date 17<sup>th</sup> 2008**

## Mental Capacity Act level 1

This ½ day course is for all staff, it covers the 5 core principals of the Mental Capacity Act.

- Explore issues around assessing capacity
- Know about "best interest".
- Discuss restraint and deprivation of liberty
- Be aware of lasting power of attorney and court of protection
- Be aware of relationships between Mental Capacity and Adult Protection

**Delivered by Dr Celia Harbottle**  
**Cost per place £10**  
**06/06/08**

## Fire Safety ½ day course

- The law requires all employed personnel to have adequate and regular fire safety training
  - Personnel will receive the necessary information and knowledge for them to be competent in basic fire safety
  - Fire legislation
  - Definition of the Responsible Person
  - Duties of a competent person
  - Basic fire prevention
  - Chemistry of fire
  - Common causes of fire
  - How fire spreads
  - Hazard identification
  - Managing people with special needs in your building
  - Evacuation procedure
- Fire fighting equipment

**Delivered by Rose training**  
**Cost per place £10**  
**Date 15/10/08**