



Tyne & Wear Care Alliance

Supporting workforce development
throughout the independent care sector

Nutrition Awareness Jan 17th 2012 1–3-30pm £10 per person

Learning Outcomes

- ◆ Explain the importance of Nutrition
- ◆ Discuss the different food groups and their role in a balanced diet
- ◆ Explore, discuss and feedback on menu plans to reflect individual needs
- ◆ Recognise signs and symptoms of malnutrition and dehydration
- ◆ Consider the reasons why people are unable to choose and enjoy their food
- ◆ The role of the worker

This seminar is being funded via the Newcastle Network Development Fund. A charge £10 per delegate to cover the cost of the venue and refreshments

Venue :

**West End Customer
Service Centre
Condercum Rd
Benwell
Newcastle
NE4 9JH**

**There is a car park
available**

**Training room is on
the ground floor**

For further information contact Pauline Wiper at the Tyne and Wear Care Alliance on 0191 5484015 or email on Pauline.wiper@sunderland.gov.uk.